



# Northwood-Kensett Community School District VIKING DISPATCH

April 2019

Creating healthy, educated, ethical and productive citizens.

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(641) 324-2021 (Superintendent)

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### Administration

Michael R. Crozier, Superintendent

Brian Costello, Elementary Principal

Keith Fritz, Secondary Principal

### School Board Members

Larry Hovey

Susan Kliment

Cindy Pangburn

Roger Harris

## FROM THE DESK OF MR. CROZIER

### New Facilities Use Online System Starting August 1, 2019:

The Northwood-Kensett School District will begin a new process for facility rental/use starting August 1, 2019. We have entered into an agreement with rSchoolToday that will allow all facility use agreements to be handled through an online system. There will be no more paper scuffling and the entire process will be online. Each group will need to register a person as the user that will be able to go into the program and request facilities for use.

This company is the same company that we currently use for our athletic schedules and all other events that are posted on our website. We will begin training for our staff that will be involved in the administration of the scheduling in early summer. There will be tutorials within the online program that will walk users through getting registered to be a user. While the transition may be a bit frustrating and awkward at first, I believe it will be much more efficient for the district.

When more information is available we will make it available to users.

Dear NK Families,

Clipping Box Tops is an easy way to help earn money for our school. Each one is worth 10¢ and they add up quick! Just look for the pink Box Tops on hundreds of products. All you have to do is clip them and send them to school, there will be a collection tub outside of the office. For more information on Box Tops, including a list of participating products, go to [BTFE.com](http://BTFE.com).

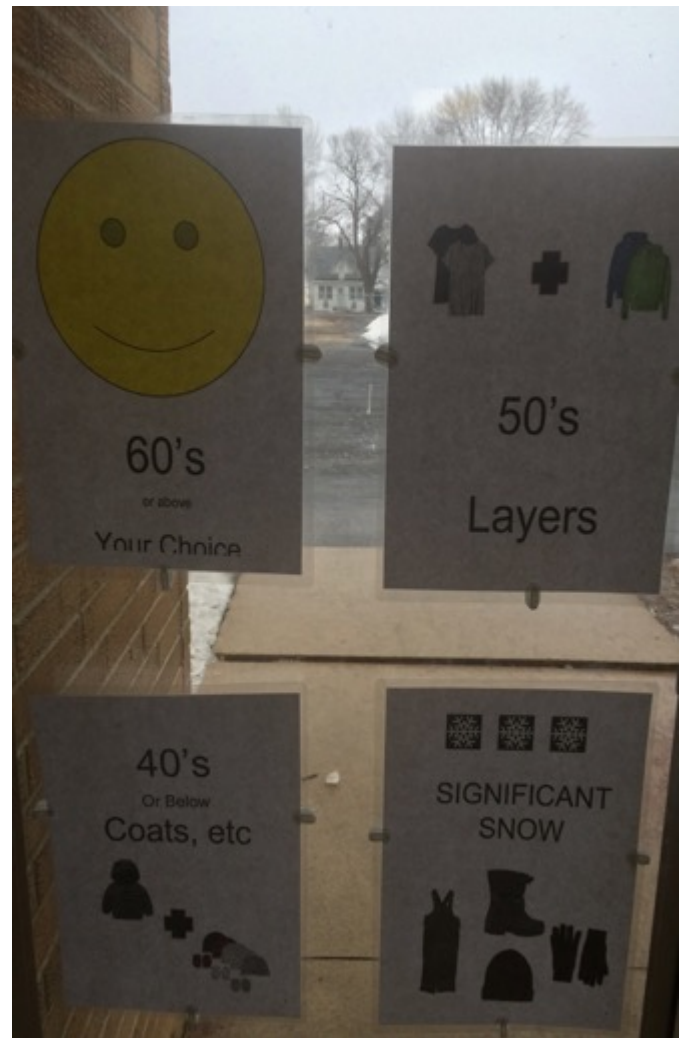
If you have any questions, please don't hesitate to contact me. I'm here to help make our school's Box Tops for Education™ program a success.

Thanks for your help!  
Shannon Jacobsen  
Email: [sjacobsen@nkvikings.com](mailto:sjacobsen@nkvikings.com)



## FROM THE DESK OF MR. BRIAN COSTELLO, ELEMENTARY PRINCIPAL

The weather is starting to warm up BUT.....A friend of mine recently traveled to Texas for a business trip. He enjoyed gloating about wearing a short-sleeved shirt and shorts for a couple days, while at the same time laughing about residents wearing coats and gloves. I'd like to think this is simply the product of our north Iowa toughness, but the reality is the reprieve from the cold gives us a false sense of the actual temperature. This is what happens every spring with our students. The sun is shining, snow is melting, but it's only 40 degrees. Pictured to the right is the plan we're using to help kids be prepared as the temperature warms. I want to share this with you, so you can help ensure your child has the proper clothing for their day.



Northwood Kensett Preschool Pre registration:  
**WHEN:** Wednesday, April 17<sup>th</sup> 3-7 pm  
**WHERE:** Pre-K classroom  
**WHO:** Any NEW student

### **Kindergarten Orientation:**

**When: Friday, May 10th, 8:30 AM-1:00 PM**

**(There will be no school for current kindergarten students that day.)**

Orientation is for all students in the district who are eligible to attend Kindergarten this fall.

Please contact the office with any students that are not currently in our Pre K program here at Northwood Kensett, so we can get you the information you need for the upcoming year as well as get your child on the class list. The Elementary Office phone is 641-324-1127. Tina's extension is #200. You may also email information to [tjohnson@nkvikings.com](mailto:tjohnson@nkvikings.com).

It is the policy of the Northwood-Kensett Community School District not to illegally discriminate on the basis of race, color, national origin, gender, disability, religion, creed, age (for employment), marital status (for programs), sexual orientation, gender identity and socioeconomic status (for programs) in its educational programs and its employment practices. There is a grievance procedure for processing complaints of discrimination. If you have questions or a grievance related to this policy please contact Keith Fritz Secondary Principal, 704 7<sup>th</sup> St. N., Northwood, IA 50459, Phone 641-324-2021 x101, [kfritz@nkvikings.com](mailto:kfritz@nkvikings.com) who has been designated as the district's Equity Coordinator and to coordinate the school district's efforts to comply with the regulations implementing Title VI, Title VII, Title IX, the American with Disabilities Act (ADA), Section 504, and Iowa Code Section 280.3. For issues with Section 504 Contact Brian Costello Elementary Principal, 504 Coordinator, 1200 First Avenue North, Northwood, IA 50459, Phone 641-324-2021 x201, [bcostello@nkvikings.com](mailto:bcostello@nkvikings.com)

News from the Title 1 Reading Department, Mrs. Elaine Hansen

## Katherine Hannigan

**Your child is going to meet a New York Times bestselling Author on May 21, 2019!**



Katherine will walk the younger students through the creation of her 3 picture books and illustrations. The older students will learn specific writing tools and techniques through her 2 novels.

**Katherine will personally sign each book!!**

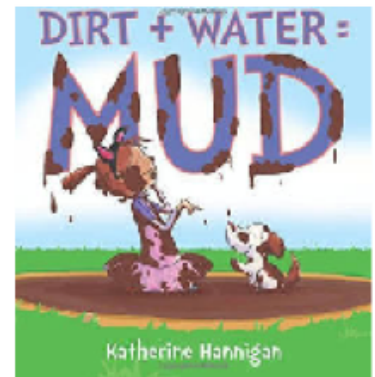
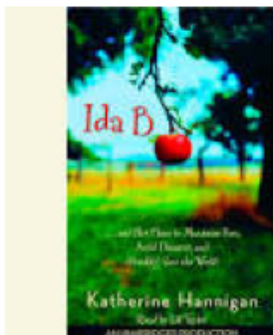
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IF you would like to order a book for the day of the event,

Give this form to your TEACHER by **Monday, April 15, 2019**

First name: \_\_\_\_\_ Telephone # \_\_\_\_\_

Cash or check accepted. Checks can be made out to: Northwood-Kensett Comm. Schools

Book	Quantity X Price	Total
Dirt+Mud=Water (HARDCOVER)	_____ X 10.80	
Gwendolyn Grace (HARDCOVER)	_____ X 10.80	
True... (PAPERBACK)	_____ X 4.20	
Ida B. (PAPERBACK)	_____ X 4.80	
		<b>Grand Total</b> _____





[www.stgsports.com](http://www.stgsports.com)

## 2019 Chute Basketball Shooting Camp

**At: Northwood-Kensett High School - IA  
July 8 & 9 - 2019 Cost: \$70**

### Participant Registration Form

Campers Name \_\_\_\_\_

School You Attend \_\_\_\_\_

Grade \_\_\_\_\_ (refers to athlete's grade next year)    \_\_\_ Girl    \_\_\_ Boy

Parents Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Cell \_\_\_\_\_

E-mail \_\_\_\_\_

#### Middle School Session

Proper Shooting Technique  
Pivoting and Footwork  
Offensive Moves  
Ball Handling Skills

#### H.S. Session Also Includes

- 3 Point & Perimeter Shooting
- Attacking The Rim off the Dribble
- 6- 10 Foot Jump Shots
- Strong Post Play

**Camp Times: July 8 & 9 Cost: \$70**

8:30 - 11:30 9<sup>th</sup> - 12<sup>th</sup> Grade Girls & Boys

12:30 - 3:30 4<sup>th</sup> - 8<sup>th</sup> Grade Girls & Boys

Grades refer to the players' grade next school year

**Area Players Please Send To...**

... The Chute Box 422 Newell, Iowa 50568

**Northwood-Kensett Players: Turn Application**

**& Deposit In to: Coach Cotter**

**Forms Due: April 11**

T-shirt: Adult Sizes SM MD LG XL XXL  
Youth Size LG

### Liability/Waiver Agreement

We/I authorize the staff members to act in the best interest of our/my child in case of emergency. We/I realize that insurance is not provided and therefore, we/I assume all risks of injury. I agree that The Chute, its director and staff members shall not be liable for any and claim, demands, injuries, damages, actions or cause of actions. I have read this agreement and understand it and agree to all of it.

Name of Camp Participant \_\_\_\_\_

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

**Please Make Checks Payable to: The Chute If Questions please call: 712-272-3115 or 712-299-3485**

**The Chute Shooting Camps Box 422 Newell, Iowa 50568-0422 [www.stgsports.com](http://www.stgsports.com)**

### Application & \$30 Deposit Due: April 11

**Northwood-Kensett Players - Please turn Application & Payment in to: Coach Cotter**

**Or Send to: The Chute Box 422 Newell, IA 50568**

**Players paying the \$30 Deposit will need to pay the remaining amount the first day of camp.**

**The full amount may be paid at this time - Pay with Check or Cash**



# Elementary Pillar of the Month Photos



## Grades 3 & 4

March third and fourth grade Pillar of the Month students chosen by their teacher for exhibiting quality character traits.

- Gavin Cardona- Mrs. Ubben
- Trinity Vandiver- Mrs. Hill
- Bronson Ducommun- Mr. Einertson
- Sean Seltun- Ms. Seehusen

If you see these students out and about, please take a moment to congratulate them for a job well done.

March fifth and sixth grade Pillar of the Month students chosen by their teachers for exhibiting quality character traits.

- Hayzin Jacobson- Mr. Severson
- Levi Wood - Ms. Orvedal
- Jackson Echelberger - Ms. Hagen
- Dagen Peterson- Mr. Parks

If you see these students out and about, please take a moment to congratulate them for a job well done.



## Grades 5 & 6

## FROM THE DESK OF MR. FRITZ

Our approach to character education relies less on specific lessons on each of the six pillars of character, and more on infusing habits of good character into the way we conduct ourselves at school. Expectations for how we treat one another, students and staff getting to know one another, and modeling right conduct have been more effective with teenagers than maybe some other methods may be.

And one of our favorite ways to hold up great examples of character is our monthly Character Counts breakfast, when volunteers from the teaching staff cook breakfast for students whose teachers have said that they exhibited caring, respect, responsibility, trustworthiness, fairness, or good citizenship.

We get to express our appreciation for the fantastic kids we work with, and they enjoy it, too. Their reactions sometimes when they receive their invitation to breakfast earlier in the week are priceless!

A very special thanks to Fallgatters Market and the Northwood Theatre, without whom the breakfast could not occur. And thanks to those teachers who regularly volunteer and help out: Mr. M. Reindl, Mrs. Butler, Mrs. Odegaard, Mrs. Willert, Miss Flathman, Ms. Borowczyk, Mr. J. Reindl, Mrs. Thorson, Mrs. Bestul, and Mrs. Faugstad.



Here are some of the students who earned a Student of the Month honor last month. A full listing of students who earned this honor for March can be found on page 7 of this issue of the Viking Dispatch.

## From the Pile off Mr. Hartman's Desk

It is that time of the year again when the weather starts to warm and we are our seeing our student athletes running the streets. That means that it's track season and time for the athletic director to start looking for helpers.

We are hosting six home meets this spring including the TIC junior high meet and a state qualifying meet. The dates are listed below. It takes many volunteers to run a successful track meet and even more for the state qualifying meet. If you would like to help and be involved with our school and students, please get in contact with me. I can be reached by my email - shartman@nkvikings.com or you can send me a text at 641-390-0554.

### Home Track Meet Dates

- 4-12-19 - Viking Girls Relays
- 4-22-19 - Viking Boys Relays
- 4-23-19 - Viking JH Co-Ed Relays
- 4-30-19 - Jack McMullen Relays
- 5-9-19 - State Qualifying Meet
- 5-13-19 TIC JH Conference Meet

## Character Counts Breakfast Jr. Sr. H.S.

Students are named by teachers as they portray the character trait that is spotlighted for the month. The March character spotlight was "Caring", and April will spotlight "Citizenship".

The Character Counts students of the month for March were: Austin Foss, Dante Sims, Brylee Hoepfner, Jadyn Beland, Logan Mix, Reese Wahl, Chase Boyden, Jackson Foss, Billy Kraft, Brock Nelson, Destiny Ziemann, Hunter Moeller, Kade Stambaugh, Lindsey Moore, Emma Davidson, Damaris Peterson, James Zaragoza, Taylor Rodemeyer, Olivia Treslan, Kennedy Christianson, Makaio Hoch, Noah Woltzen. Congratulations to all of these fine students!

**There will be no preschool classes  
on the following dates due to  
continuing education for staff:  
April 10<sup>th</sup>, 17<sup>th</sup>, 24<sup>th</sup>;  
May 1<sup>st</sup> and May 8<sup>th</sup>.**

## FOOD PANTRY ITEMS, Mr. Michael Reindl

Items available at the high school food pantry. The food pantry receives a new truck of food on the first Tuesday of each month. Any one can pick up food items any time during school hours. Please check in at the high school office, or stop by door 18 on the south side of the high school between 3:30 and 4:00 pm is the best time to pick up items.

### Current Food Supplies

Assorted Canned Fruit  
Canned Vegetables  
Assorted Spices  
Rotini Noodles  
Raisin Snack Boxes  
Egg Noodles  
Spaghetti Noodles  
Peanut Butter  
Canned Spaghetti Sauce  
Mac & Cheese  
Canned Chicken  
Frozen Catfish

Cheerios (Multi Grain, Honey nut)  
Lucky Charms  
Parkay Butter  
Pork Loin Roast  
Pork Roast  
Pork Pizza Toppings  
Chicken hindquarters  
1/2 Hams  
Oatmeal  
Assorted Pork Cuts  
Assorted Beef Cuts  
Assorted Bread Items (changes daily)



## Counselors' Corner, Mrs. Ashley Williams

In March, the 1st grade students put on an assembly about the character trait of Caring. This assembly was a wonderful way to show how students at NK Elementary can be caring to each other, to teachers, and to people they meet.

In Guidance grades K-6, and 8, we have been talking about careers and what jobs the students want to do. The 6th grade students have been working on their career projects for the project fair. These projects include researching the career of their choice and putting the information into a keynote presentation. These presentations allow the students to explore the careers of their choice and to see what is required in order to pursue that job. These presentations will be on display at the 6<sup>th</sup> Grade Showcase on Thursday, April 25<sup>th</sup> from 2-3pm. We hope you can join us!





## Counselors' Corner, Mrs. Amy Hansen

**7-12 Counselor's Corner****By: Mrs. Amy Hansen**

Recently, there has been a lot in the news about the lack of mental health care in the state of Iowa, and it's true that we do have fewer resources than were available to Iowans in the past. I know I was disappointed to hear that WellSource in Mason City was closing, because we would lose a service provider who served children and teens in our North Central Iowa corridor. However, I have recently learned about two newer resources that can assist N-K students and families.



**The Community Health Center in Mason City** opened in October and addresses the mental, medical, and dental needs of its patients. They are “open for everyone” of all ages, regardless whether or not families have insurance coverage or not. They will also see walk-in clientele the same day, if possible. As they grow and expand, they

plan to add healthcare providers to keep wait times low. This resource was recommended as an alternative mental health care provider to WellSource. The Globe Gazette wrote a comprehensive article about the clinic, which is linked above. You can also visit: <http://www.chcfd.com/>



**Life Connections** also has an office in Mason City and provides Behavioral Health Intervention Services in the home. This skill building program is available of children, teens, and adults, and is provided at no cost under Title19. Life Connections also provides individual, group, family and couples therapy at their Mason City office and five other locations throughout the state of Iowa. They can also assist those in need with mental health evaluations.

For other resources, please check out my **counseling website**. I do my best to keep community resources available for families' reference there.

## News from the Classroom

### 2020 N-K SPAIN TRIP FINAL SIGN-UP MEETING

#### **Attention: High School students, current 8th-grade students and parents**

In less than a year we will be heading off to Spain and Gibraltar for 11 action-filled days. Come with us and explore the Spanish culture of Madrid, Barcelona, Granada, Seville, Córdoba and Valencia. Eat churros, chocolate, paella and tapas; see flamenco shows, take a salsa dance lesson, practice your Spanish, and explore.

Please come to our **FINAL SPAIN TRIP ENROLLMENT MEETING**. (There will not be another Spanish trip until **2024**.) Any interested **parents, high school students in Spanish class, and 8th grade students who will be in Spanish in the Spring of 2020** should attend.

Parents, **please make an investment in your children's future!** Give them the opportunity to expand their global awareness, confidence, and communication and decision-making skills that travel abroad provides.

When: **Thursday, April 4; 6:00 p.m.**  
Where: **N-K High, Room 23**  
Tour leaders: **Señora Bestul, Señorita Flathman**  
Company: **EF Educational Tours**

Here is a link to learn more about the trip:

<https://www.eftours.com/educational-tour/spain-culture?query=SPANISH+FIESTA>

My contact information: [sbestul@nkvikings.com](mailto:sbestul@nkvikings.com)

We hope to see you there!

## News from the Classroom! - Math Counts

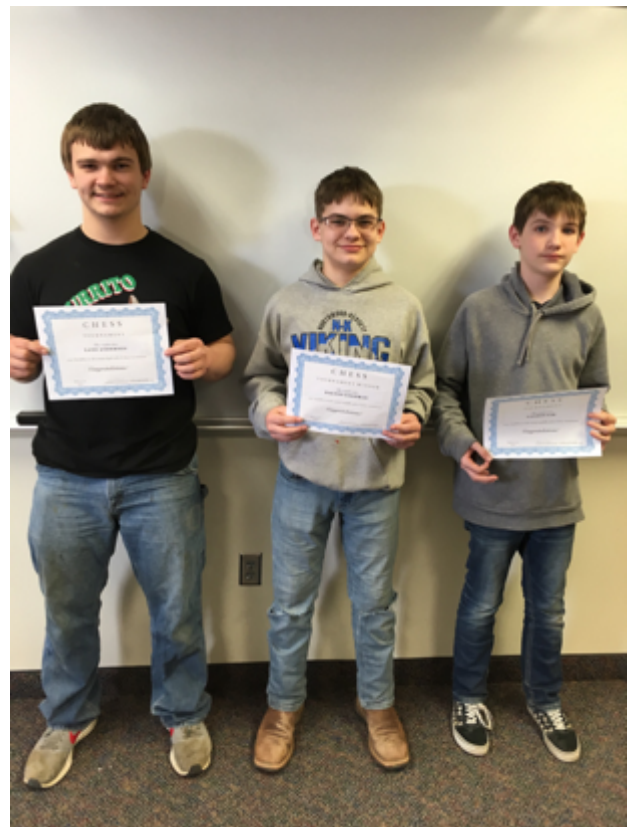


Pi Reciting: Middle schoolers pictured on the left:

Kenny Conlin 47,  
Skylar Koebrick 50

High schoolers:

Samuel Kliment 29,  
Sydney Welch 151  
(a new school record)



Chess tournament placing:

High School: Lane Anderson second place to  
Nathan Cordle.

Middle School: Dalton Logeman, winner over  
Landon Lee



## News from the Classroom - Grain Millers Algebra II Field Trip Summary

Grain Millers, Inc. located in St. Ansgar is a leading ingredient supplier to all the major cereals, bread, bar and cookie companies. Grains include oats, wheat, barley, and rye which is milled into flours, flakes, brans, and fibers. They partner with farmers in the USA, Canada and around the world purchasing raw grains in sizes from a single truckload to multi-railcar.

Melissa Edgington, Human Resource Manager for Grain Millers greeted the Northwood-Kensett Algebra II students. Following a welcome and power point presentation about the plant's history and how current products are produced, groups rotated to various "mathematical stations" to give students a "taste" of the daily math that is required at Grain Millers such as dust emissions, gear and sprocket rotation speeds, flake thickness measuring, bulk density, return on investment, volume of bins, and recipe calculations for customers. One station included suiting up in proper gear for a guided plant tour. What an amazing and impressive place! We appreciated the Grain Millers employees making it a memorable educational experience for us, and generously sending each student home with a container of organic quick oats!

### Stations:

- 1.) Terry Hemann showed some gears, sprockets and drive shafts, and then presented a "typical lifting problem in the maintenance department" dealing with speed and ratio calculations.
- 2.) Courtney Wagner had students figure the volume of a hopper/silo, the capacity it would hold in bushels of oats, wheat, and barley, and how many tons of groats (the hulled oat) a full silo would produce.
- 3.) Tom Klingfus set up a problem about dust emission of a baghouse running 24/7, 365 days / year, to figure the ton-per-year of "pm10" going into the air.
- 4.) Abi Johnson had students calculate bulk density and weight of 500 grams of three products to determine which product takes up the greatest amount of space.
- 5.) Connie Groth explained "kitting" different recipe requests that customers of Grain Millers might have, and how to work with percent's and units in preparing that final mix.
- 6.) Cory Mullenbach demonstrated the use of a digital micrometer to measure the thickness of oat, wheat and rye flakes which is important for packing and absorption. He also explained how the maintenance department uses micrometers to measure equipment such as shaft size or bearings.
- 7.) Byran Lytle set up a problem about return on investment (ROI) decision making. Given some figures from Bryan, students calculated whether it would be best to use the current kiln or purchase a new one in order for the ROI to be within six months.
- 8.) Ray Mueller, Gene Schuttler, Kevin Arnold, Jason Soltero, Dave Goodale and Sara Hemann led group tours of the packaging plant.



## News from the classroom - Mrs. Willert, Math Club



Ninth graders Marli Backhaus & Hayden Moore (top left) participating in the math club announcement at the pep rally.

Steve Butler & Kent Nitcher looking over the selection of pies. Kent also makes and donates a pie to the auction each year.

Ten teachers had volunteered to take a chance at being drawn to be pied.



Nicole Venechuk (bottom left) was pied by Kyle Nichols.

Mrs. Thorson (bottom right) was pied by Christopher Madsen

\$72 worth of raffle tickets were sold by Andrew Breitsprecher to students.

All funds from the week's events go toward purchasing TI-84 graphing calculators for qualifying scholarship applicants that are NK Math Club seniors.





## News from the Classroom, by Ms. Gallagher

Students were presented the opportunity to compete in some of our PE Winter Olympic events and had the chance to get their picture placed on the Winter Olympic board in the gym! Students were challenged to learn about the importance of and compete in both individual and team events.

We did our own version of the Skeleton event (with scooters) that is a part of the Winter Olympics. Students also participated in an obstacle course that combined various Winter Olympics skills and activities completed throughout this unit. The fourth-, fifth- and sixth-graders competed in the Viking Knockout basketball event as part of our Olympics. The finalists from each class are seen below and they earned the chance to compete in front of all students in these three grades. Excitement and enthusiasm built throughout the gymnasium, resulting in a fun competition that encouraged activity and participation in a meaningful and memorable manner! Our kids were talking about this for days, a concept and practice that was, obviously, a springboard for learning and physical activity.

Congrats to all of the elementary students on participating and doing an awesome job in their first N-K Winter Olympic Games!

The elementary track and field day is set for Tuesday, May 28th with the rain date being Wednesday, May 29th. The students are already looking forward to it!



Viking Knockout Finalists - Kooper Julseth, Bowan Behne, Caden Helgeson, Caysen Chodur, Gavin Halbach, Colby Eskildsen, Chloe Leonard, Lauren Heiken, Addison Tasker, Topanga Hackenmiller, Addison Frank, Taylor Foss; **Viking Knockout Champions are pictured holding the ivory colored certificates, Topanga Hackenmiller and Colby Eskildsen. Congratulations on a job well done!**



## Nurses Corner-Heather Rheingans, RN

We will again be hosting a Sports Physical Clinic at the High School for all students **FREE** of charge. Dr. Sawyer Schulz from Northwood Chiropractic will be providing sports physicals in the High School gym; a sports physical is required for all athletic participants and is valid for 1 year and one month after the issue date. We will be holding the clinic on 4 different days to accommodate schedules and to make sure we have time to get all those participating ample time.

We would like to have current 6<sup>th</sup> & 7<sup>th</sup> graders get their physical completed April 17<sup>th</sup>, current 8<sup>th</sup> & 9<sup>th</sup> graders April 24<sup>th</sup>, 10<sup>th</sup> & 11<sup>th</sup> graders May 1<sup>st</sup>, and May 8<sup>th</sup> for any students who were not able to attend other dates. We highly encourage students to attend on the day scheduled, however, if this date doesn't work arrangements can be made for one of the other Wednesdays. The clinics will start after school; **coaches have agreed to be cooperative in letting their athletes participate.**

The clinics will start about 10-15 minutes after school is dismissed. Students will be seen on a 1<sup>st</sup> come 1<sup>st</sup> serve basis. Last year the wait in line averaged about 30 minutes if students didn't arrive right on time, please remind them to not get discouraged and to not leave if the line is long! It might help to let them know that this service is FREE and benefits both them and you 😊 They don't have to go at an inopportune time and you save money; maybe the wait time could be spent doing homework!

A consent to treat form is required to be filled out in order for your student athlete to participate; along with the health and family history section on the physical form. We ask that you help your child fill out the health and family history section on the physical form as well. Look for a future email containing the proper forms; copies of the treatment consent and blank physical forms can also be found in either office. Please do not hesitate to contact Mr. Hartman or myself with any questions.